**国家中医药管理继续教育项目**

**2018年《循证护理及其方法》（第七期）**

**培训通知（第一轮**）

循证护理是指护理人员在护理活动过程中审慎、准确、明智的将最佳证据应用于临床护理实践，达到持续改进护理质量的目的。北京中医药大学拥有护理学一级学科北京市重点学科和国家中医药管理局中医护理学重点学科，循证护理是学院重点建设的研究方向。2013年底我院成立院级循证护理研究中心，致力于系统评价、证据应用和临床实践指南的制定。2015年我校先后成立中国第一家加拿大安大略省注册护士协会RNAO-BPSO最佳实践指南研究中心、中国大陆第三家澳大利亚Joanna Briggs循证护理研究中心，我校附属东直门医院成立中国第一家RNAO-BPSO最佳实践指南应用中心。

在国际权威循证机构的指导下，我校护理学科在循证护理方面的课题立项、论文发表、教材编写、国际影响力等均取得骄人成果。2012年至今获批循证护理相关课题有国际合作项目1项、国家级1项，市级7项，协会2项，校级25 项，两大国际合作机构证据应用项目4项，总经费150余万。发表循证护理相关论文 150余篇，其中 第一作者SCI论文9篇，先后在《中国护理管理》《护理管理杂志》《中华现代护理》发表循证护理专栏，50余篇循证相关论文或摘要在国内外大型学术会议上进行主题发言或海报展示，多篇循证护理硕士论文在“CMB中国护理网研究生论坛”中获奖，2018年获得一等奖，2016年获《中国护理管理》一等奖。编写和翻译循证护理教材5部，其中主编、主译2部。

  本学科自2012年已连续6年面向全国举办了六期国家中医药管理局继续教育项目《循证护理及其方法》培训班，累计60余家高等院校和临床医院近600人次参加培训，培训效果受到广泛好评。为进一步与广大护理工作者分享本学科的建设成果，传播循证护理的理念及其方法，推广循证护理实践，我校护理学院联合东直门医院护理部拟于2018年10月在北京举行第七期国家中医药管理局继续教育备案项目《循证护理及其方法》培训。本次培训的主讲老师为加拿大安大略注册护士协会的执行主席Dr. Doris Grinspun和最佳实践指南中心的主任Dr. Irmajean Bajnok，以及三名加拿大不同医疗机构（医院、公共卫生及养老院）BPSOs核心成员和北京中医药大学循证护理研究团队成员，欢迎广大循证护理爱好者和实践者前来交流。

一、**时间、地点、培训对象**

培训时间：2018年10月15日报到，10月16日-10月18日培训

培训地点：北京中医药大学西校区中医药博物馆二层报告厅

培训对象：护理教师、临床护士和护理管理人员

**二、收费标准**

培训费1500元/人（研究生1200元/人），食宿由会务组统一安排，费用自理。

**三、联系方式**

拟参加培训班的人员请于2018年9月25日前以电子邮件将回执（附件）反馈至北京中医药大学护理学院，请给予支持和配合。

联系人：晏利姣老师（15012992618）；周芬老师（15210854927）

电子邮箱：[hlxypxb@163.com](mailto:hlxypxb@163.com)

**附件1：2018年《循证护理及其方法》（第七期）培训班回执**

**附件2：培训日程安排**

**附件3：主讲老师简介**

主办：北京中医药大学护理学院

东直门医院护理部

2018年9月12日

**附件1：**

**2018年《循证护理及其方法》（第七期）培训班回执**

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| 单位 |  | | | | | | | |
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| E-Mail： | | | | | | | | |
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**附件2：**

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| **Time** | **Speaker(Name,title)** | **Topic** |
| **Oct 16**  **10月16日全天** | **Dr. Doris Grinspun**  **(RNAO CEO)** | **Opening keynote:** **"Evidence-based Practice as a Social Movement: BPSO the Answer"**  **循证护理实践作为一种社会活动：BPSO的答案** |
| **Dr. Doris Grinspun and Dr. Irmajean Bajnok** | **WORKSHOP**  **循证护理实践工作坊** |
| **Oct 17(AM)**  **10月17日上午** | **Carol Timmings** | **Opening keynote: "Best Practice Guidelines (BPGs) in Public Health: A BPSO Success Story"**  **公共卫生的最佳实践指南：BPSO成功之路** |
| **郝玉芳** | **Evidence based nursing implementation**  **循证护理实践** |
| **Oct 17(PM)**  **10月17日下午** | **Michelle DiEmanuele** | **Closing keynote: "Leveraging BPSOs to Lead Hospitals to Full Success"**  **BPSOs带领医院走向成功** |
| **晏利娇** | **Introduction on BPSO academic institute**  **BPSO学术机构建设** |
| **徐扬** | **Clinical problem solved based on evidence**  **用循证方法解决临床问题** |
| **Oct 18(AM)**  **10月18日上午** | **Denise Cole** | **Opening keynote：“Nursing Health Human Resources and Best Practices: An asset for governments and patients everywhere”**  **护理、健康、人力资源与最佳实践：各国政府和病人的财富** |
| **崔欣** | **Guideline implementation program in Diabetic foot management**  **糖尿病足的管理** |
| **高宁** | **Implementation of “Weibingxianzhi” concept in evidence - based Nursing**  **未病先治在循证护理中的应用** |
| **Oct 18(PM)**  **10月18日下午** | **Dr. Doris Grinspun** | **Closing keynote on October 18, title: "Transforming Nursing Through Knowledge: Best practices for guideline development, implementation science, and evaluation"**  **通过知识改变护理：指南开发、实施科学和评价的最佳实践** |
| **郑莉萍** | **Client centered learning guideline implementation pilot program**  **“促进以患者为中心的学习”指南的临床实践探索** |
| **杜渐** | **Guideline implementation program in pain management**  **疼痛最佳实践指南的临床应用** |
| **周芬** | **Introduction on JBI centre of excellence**  **JBI循证护理中心建设** |

**附件3：**

**主讲教师简介：**

**Doris Grinspun RN, MSN, PhD, LLD(hon), O.ONT**

**Chief Executive Officer**

**Registered Nurses’ Association of Ontario (RNAO)**

Dr. Doris Grinspun is the Chief Executive Officer of the Registered Nurses' Association of Ontario (RNAO), the professional association representing registered nurses, nurse practitioners and nursing students in the province of Ontario. RNAO’s mandate is to advocate for healthy public policy and for the role of registered nurses. Grinspun assumed this position in April 1996.

From 1990 to 1996, Grinspun served as Director of Nursing at Mount Sinai Hospital in Toronto. She has also worked in practice and administrative capacities in Israel and the United States.

Grinspun, who was born in Chile, has an RN diploma from Hadassah School of Nursing in Jerusalem, Israel; a baccalaureate degree from Tel Aviv University, Tel Aviv, Israel; an Master of Science in Nursing from the University of Michigan in Ann Arbor, Michigan; a PhD from the department of sociology at York University in Toronto, Ontario and was awarded an honourary Doctor of Laws degree from the University of Ontario Institute of Technology (UOIT).

Grinspun is an Adjunct Professor in the Faculty of Nursing at the University of Toronto; an adjunct professor at the School of Nursing, York University; an associate member of the Centre for Health Promotion at the University of Toronto; an affiliate member of the Centre for Health Studies at York University; and an Associate Fellow of the Centre for Latin American and Caribbean Studies (CERLAC) at York University.

From 1996 to 1999, Grinspun was the Chair of the Acquired Brain Injury Network of Metropolitan Toronto, a network representing all publicly funded agencies. For the past two decades Grinspun has worked extensively on many international projects in Latin and Central America, China, Australia and Europe. Grinspun has published and spoken extensively in Canada and abroad. She is a forceful advocate of the Canadian health-care system and the contribution of registered nurses to its success. Her expertise is in areas of health, nursing and workplace policies and practices.

Grinspun has been featured in major media outlets and publications for her bold and visionary leadership, including: North of the City (North York, Ontario, 2004); National Review of Medicine (Canada, 2004); GP Provincial Profile (Ontario, 2005); Pace International (Australia, 2005); Factor Hispano (2006); Nursing Economics (USA, 2010); Jewish Tribune (Canada, 2013); El Pais (Spain, 2014); La Vanguardia (Spain, 2012, 2014). Throughout her career, Grinspun has received numerous professional and scholarly awards.  In 2010, she was named one of the ten most influential Hispanic Canadians by Canadian Hispanic Business Association (CHBA); and in 2011, she was conferred the Degree of Doctor of Laws, honoris causa from the University of Ontario Institute of Technology (UOIT). In 2012 she received the Nursing Leadership award from Sigma Theta Tau Lambda-Pi-At-Large, and in 2013 was recognized with the Queen’s Diamond Jubilee Medal, as well as the Nursing Leadership Award from the Canadian College of Health Leaders.

In 2003, Grinspun was invested with the Order of Ontario. The award was created in 1986 by the Government of Ontario to recognize the highest level of individual excellence and achievement in any field.

**Irmajean Bajnok, RN, MScN, PhD**

**Director, International Affairs and Best Practice Guidelines Centre**

**Registered Nurses’ Association of Ontario (RNAO)**

Dr. Irmajean Bajnok is currently the Director of RNAO’s International Affairs and Best Practice Guidelines Centre. In this capacity she oversees the development, dissemination, implementation support activities and evaluation of the RNAO Best Practice Guidelines (BPGs) in both the clinical nursing and healthy work environment areas of focus. She plays a lead role in the many strategies developed to support and evaluate implementation of evidence-based practice, through the RNAO BPGs, locally, provincially and internationally.

Irmaje has had considerable experience in teaching about knowledge-based practice, conducting workshops related to all areas of evidence-based nursing.  In her roles with RNAO, she is a leader in implementation science and has developed a number of creative approaches to support knowledge transfer activities.  Her contributions in particular are related to implementing and sustaining RNAO clinical and healthy work environment best practices through RNAO’s Champion Network, Best Practice Spotlight Organization Program, Nursing Order Sets, and BPG related Learning Institutes.

Dr. Bajnok has worked to integrate evidence-based practice and RNAO’s BPGs in all her work, including: the eHealth portfolio which she leads, and which has contributed evidence based nursing order sets for each best practice guideline.  In addition she plays a pivotal role in RNAO’s international professional development program featuring the unique learning institute events, including the world renowned BPG Institute; and her work as Co-Director of the Nursing Best Practice Research Centre (NBPRC).

Irmajean has worked with a number of health-care professionals and organizations in Canada and internationally, in promoting evidence-based nursing practice cultures as part of RNAO’s Best Practice Spotlight Organization® Program and the Best Practice Champions Network®.

Dr. Bajnok has had an extensive and successful career in practice, academia and administration and currently also holds university appointments at University of Toronto as Adjunct Professor in the Lawrence S. Bloomberg, Faculty of Nursing and the University of Ottawa as Adjunct Professor in the School of Nursing, Faculty of Health Science.

**郝玉芳**，女，护理学博士，教授，北京中医药大学护理学院院长；北京中医药大学循证护理研究中心主任，国家中医药管理局中医护理重点学科带头人；北京市护理学一级学科重点学科带头人；全国中医药高等医学教育学会护理教育研究会理事长；教育部护理教学指导委员会委员；国家留学基金管理委员会评审专家；全国高等医学教育学会护理教育分会常务理事等。北京市高等学校优秀青年骨干教师；主持及参与70余项课题；公开发表学术论文130余篇，获得澳大利亚JBI系统综述资质证书。参加了全国17本统编教材的编写，其中主编8本，副主编4本。2007年起开始招收硕士研究生，2015年起招收博士研究生。